

Summer Menu 2009

WHITMORE JUNIOR SCHOOL - SUMMER 2009

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU 1	Spaghetti Bolognese Garlic Bread	Toad in the Hole served with Gravy	Roast Beef with Yorkshire Pudding	Meatballs in Gravy	Burger in a bun
Wk Comm:	Jacket Potato with cheese or tuna	Quorn Sausages in Yorkshire Pudding	Vegetable Nuggets	Cheese Whirls	Cheese Pasta
01.09.09	*****	*****	*****	*****	*****
21.09.09		Creamed Mashed Potatoes	Crispy Roast Potatoes	New Potatoes	Diced Potatoes
12.10.09					
09.11.09		Garden Peas Sweetcorn	Carrots Fresh Broccoli	Sweet Corn	Baked Beans Garden Peas
30.11.09					
04.01.10	Salad Bar Peas				
25.01.10					
22.02.10		*****	*****	*****	*****
15.03.10	Iced Sponge	Jam Tart and Custard	Fruit Sponge and Custard	Jelly	Ice Cream with chocolate or strawberry sauce
MENU 2	Sausages In Gravy	Chicken Cobbler with Gravy	Local Roast Turkey, Yorkshire Pudding and Gravy	Pizza Day:	Cod fillet
Wk Comm:	Vegetable Nuggets	Cauliflower Cheese	Jacket Potato with Cheese or tuna	Selection of various Homemade Pizzas	Oven baked quorn and tomato pasta
07.09.09					
28.09.09					
19.10.09					
16.11.09	*****	*****	*****	*****	*****
07.12.09	Jacket Potato	Small Potatoes	Crispy Roast Potatoes	Chipped Potatoes	Diced Potatoes
11.01.10					
01.02.10	Mixed Salad	Sweetcorn	Fresh Cabbage Fresh Carrots	Peas Mixed Salad	Baked Beans
01.03.10					
22.03.10	*****	*****	*****	*****	*****
	Chocolate Sponge & Custard	Flapjacks	Apple Sponge and Custard	Raspberry Ripple Muffins	Ice Cream with sauce and wafer
MENU 3	Fish Fingers	Spaghetti Bolognese	Local Roast Chicken, Yorkshire Pudding and Gravy	Chicken Stir Fry	Sausage Roll
Wk Comm:	Jacket Potato With tuna or cheese	Quiche	Jacket Potato with Cheese or tuna	Tuna and Sweetcorn Pasta Bake	Cheese Pasta
14.09.09					
05.10.09					
02.11.09					
23.11.09	*****	*****	*****	*****	*****
14.12.09	Chipped Potatoes	Garlic Bread	Crispy Roast Potatoes	Rice	Chipped Potatoes
18.01.10					
08.02.10	Peas	Sweet Corn	Fresh Carrots Fresh Broccoli	Sweet Corn	Baked Beans
08.03.10					
29.03.10	*****	*****	*****	*****	*****
	Marshmallow Munchies	Cookie	Chocolate Sponge	Homemade Chocolate Krispie Cake	Bakewell Tart & Custard

- * As an alternative to the main dish of the day a choice of jacket potato with cheese or beans (to be pre-ordered the day before)
- * Salad Bar Choices - Sweet corn, Cucumber, Tomatoes, Lettuce and Carrots
- Fresh Fruit and Yoghurt will be available everyday
- * Fresh Bread available each day
- * A Vegetarian option will be offered each day
- * Fresh water will be available
- * We reserve the right to alter menu items at short notice due to unforeseen circumstances
- * A suitable alternative will be substituted